**Salads**

- **The Wedge**
  - Iceberg, Bacon, Fried Onions, Candied Pecans and Bleu Cheese Crumbles
  - Chef Recommended Dressing: Bleu Cheese
  - Jr $6.49, Full $7.49, Wrap $6.49

- **Balsamic Orange & Blue**
  - Spring Mix, Candied Pecans, Mandarin Oranges and Bleu Cheese Crumbles
  - Chef Recommended Dressing: Balsamic Vinaigrette

- **Spicy Veggie**
  - Spring Mix, Lime Juice, Cayenne Pepper, Cilantro, Tomatoes, Carrots, Cucumbers, Onions, Black Beans and Tortilla Chips
  - Chef Recommended Dressing: Ranch

- **Greekklicious**
  - Romaine, Roasted Red Peppers, Feta Cheese, Kalamata Olives, Tomatoes and Hearts of Palm
  - Chef Recommended Dressing: Greek

- **Caesar**
  - Romaine, Croutons and Freshly Shaved Parmesan Cheese
  - Chef Recommended Dressing: Caesar

**Premium Salads**

- **Wild Alaskan Salmon**
  - Spinach, Salmon, Tomatoes, Onions, Carrots, Feta Cheese and Sunflower Seeds
  - Chef Recommended Dressing: Balsamic Vinaigrette

- **Sesame Shrimp**
  - Spring Mix, Ginger Shrimp, Mandarin Oranges, Sesame Seeds and Wonton Strips
  - Chef Recommended Dressing: Asian Ginger

- **Turkey Chop**
  - Romaine, Spinach, Turkey Breast, Apples, Candied Pecans, Beets and Goat Cheese
  - Chef Recommended Dressing: Balsamic Vinaigrette

- **Derby Chicken Cobb**
  - Romaine, All Natural Grilled Chicken, Bleu Cheese Crumbles, Bacon, Tomatoes, Avocado, Hard Boiled Egg, and Fried Onions
  - Chef Recommended Dressing: Honey Dijon

- **Ginger Glazed Salmon**
  - Spring Mix, Salmon, Wonton Strips, Edamame, Cilantro and Red Onions
  - Chef Recommended Dressing: Sesame Ginger

**Mexicali Burrito**
- Iceberg, Tomatoes, Cucumbers, Jalapeños, Tortilla Chips, Cheddar Cheese and warm Chili served over a tortilla
- Chef Recommended Dressing: Smokey Jalapeño Ranch

**Sophie’s Strawberry Chicken**
- Spring Mix, All Natural Grilled Chicken, Strawberries, Mandarin Oranges, Cranberries, Candied Pecans and Goat Cheese
- Chef Recommended Dressing: Raspberry Vinaigrette

**Baja Shrimp Cobb**
- Iceberg, Shrimp, Bacon, Tomatoes, Cheddar Cheese and Avocado
- Chef Recommended Dressing: Smokey Jalapeño Ranch

**Shrimp Caesar**
- Romaine, Ginger Shrimp, Croutons and Freshly Shaved Parmesan Cheese
- Chef Recommended Dressing: Caesar

**Signature Salads**

- **Chinese Chopstick**
  - Spring Mix, Teryaki Chicken, Mandarin Oranges and Wonton Strips
  - Chef Recommended Dressing: Asian Peanut

- **Apple & Pecan**
  - Spring Mix, Apples, Strawberries, Candied Pecans and Goat Cheese
  - Chef Recommended Dressing: Raspberry Vinaigrette

- **Buffalo Chicken Caesar**
  - Romaine, Buffalo Chicken, Tomatoes, Hard Boiled Egg, Croutons, Bacon, Freshly Shaved Parmesan Cheese and Hot Sauce
  - Chef Recommended Dressing: Caesar

- **Green Goodness**
  - Spinach, Spring Mix, Broccoli, Goat Cheese, Apples, Hearts of Palm and Roasted Red Peppers
  - Chef Recommended Dressing: Raspberry Vinaigrette

- **Thai Crunch**
  - Iceberg, Teryaki Chicken, Cucumbers, Wonton Strips, Carrots, Onions and Edamame with a swirl of Asian Peanut Dressing
  - Chef Recommended Dressing: Sesame Ginger

- **Chicken Caesar**
  - Romaine, All Natural Grilled Chicken, Croutons and Freshly Shaved Parmesan Cheese
  - Chef Recommended Dressing: Caesar

- **Chipotle BBQ Chicken**
  - Romaine, Chicken BBQ, Tomato, Fried Onions, Tortilla Chips, Cheddar Cheese, Cilantro, Corn, Black Beans
  - Chef Recommended Dressing: Ranch + BBQ

**Beverages**

- Bottle of water $1.39
- Pepsi Bottle $1.79
- Lipton Bottle $1.79
- Naked Juice $4.19

**Quick Reference Guide**

- Veggies
- Apple
- Cheese
- Bacon
- Salmon
- Turkey
- Shrimp
- Chicken

**PANINI**

- **Napa Valley Veggie**
  - Italian Ciabatta Bread, Avocado, Hana’s Black Bean Salad and Ranch Dressing

- **Chicken Italiano**
  - Multigrain Sunflower Panini Bread, All Natural Chicken, Mozzarella Cheese, Fresh Basil and Basil Pesto Mayo

- **Spicy Southern**
  - Italian Ciabatta Bread, All Natural Chicken, Mozzarella Cheese, Jalapeno Peppers, Hana’s Black, Roasted Salsa and Smokey Jalapeño Ranch Dressing

- **Turkey Harvest**
  - Multigrain Sunflower Panini Bread, Turkey, Cheddar Cheese, Bacon, Sprinkled with Dried Cranberries and Thousand Island Dressing

- **Buffalo Chicken Caesar**
  - Multigrain Sunflower Panini Bread, Buffalo Chicken, Bacon, Freshly Shaved Parmesan Cheese and Caesar Dressing

**$7.49**