January

Jan. 28 – Feb. 1

**Monday**
Grilled Chicken in Tomato Marsala Sauce, Brunswick Beef Stew, Basmati Rice w/Peas, Yellow Squash w/Red Onions, Roasted Vegetables, Herbed Polenta, Broccoli Florets

**Tuesday**
Beef Stroganoff, Kielbasa w/Peppers & Onions, Scallion Potatoes, Vegetarian Bean Bake, Steamed Broccoli, Mushroom Stroganoff, Thai Curry w/Tofu

**Wednesday**

**Thursday**
Caribbean Jerk Pork Roast, Plantain & Beef Casserole, Red Beans & Rice, Zucchini w/Cherry Tomatoes, Steamed Green Peas, Baked Ziti w/Vegetables

**Friday**
Baked Chicken, Italian Parmesan Pork Cutlet, Herb Roasted Potato Wedges, Bean & Tomato Chili, Broccoli Gratin, Roasted Corn, Grilled Vegetables

Jan. 28
Grilled Chicken in Tomato Marsala Sauce, Brunswick Beef Stew, Basmati Rice w/Peas, Yellow Squash w/Red Onions, Roasted Vegetables, Herbed Polenta, Broccoli Florets

Jan. 29
Beef Stroganoff, Kielbasa w/Peppers & Onions, Scallion Potatoes, Vegetarian Bean Bake, Steamed Broccoli, Mushroom Stroganoff, Thai Curry w/Tofu

Jan. 30

Jan. 31
Caribbean Jerk Pork Roast, Plantain & Beef Casserole, Red Beans & Rice, Zucchini w/Cherry Tomatoes, Steamed Green Peas, Baked Ziti w/Vegetables

Feb. 1
Baked Chicken, Italian Parmesan Pork Cutlet, Herb Roasted Potato Wedges, Bean & Tomato Chili, Broccoli Gratin, Roasted Corn, Grilled Vegetables

$9.50 (Includes a drink)